2015

Pennsylvania State Championships Artistic Sports Academy Plus

Session Times

Friday, March 13

Session 1 – Level 4 ages 8 & under

12:30 - 1:00 Reg, Stretch

1:00 - 2:00 Timed W/U

2:00 – 4:30 March in & Competition

Age as of September 1, 2014

Awards to follow

• Session 2 – Level 4 ages 9 & up + JE Tech. Sequences

5:00 - 5:30 Reg. & Stretch

5:30 - 6:30 Timed W/U

6:30 - 9:00 March in/Competition

Awards to follow

Saturday, March 14

Session 3 Level 7/8

8:00 - 8:30 Reg. & Stretch W/U

8:30 - 9:45 Timed W/U

9:45 - 12:30 March in/Competition

Awards to follow

• Session 4 – Level 9/10

1:30 - 2:00 Reg. & Stretch

2:00 - 3:15 Timed W/U

3:15 - 6:00 March in/Competition

Awards to follow

State Coaches/Judges Meeting Social:

Saturday, March 14 @ 7:30 PM

Site: Hollywood Casino

Sunday, March 15

• Session 5 – (State Team Session) Level 5 ages 10 & under

8:00 - 8:30 Reg. & Stretch

8:30 - 9:45 Timed W/U

9:45 - 12:45 March in/Competition

Age as of September 1, 2014

Awards to follow

• Session 6 - (State Team Session) Level 6, Level 5 ages 11 & up

1:45 - 2:15 Reg. & Stretch

2:15 - 3:30 Timed W/U

3:30 - 6:30 March in/Competition

Awards to follow